5 Facts About Miscarriage You Must Know

1. Society Thinks Miscarriage Is Uncommon
55% of participants in a recent study believe that miscarriage is "uncommon".

2. It's Actually Quite Common
1 in 5 pregnancies end in miscarriage (or up to 20% of all pregnancies).

3. Miscarriage Can Feel Isolating
40% of those who have experienced a pregnancy loss say that they feel very alone.

4. Talking Openly About Miscarriage Is "Taboo" in Our Society
Talking about miscarriage largely remains a taboo & private subject in our society, despite it being so commonly experienced.

5. Talking About Miscarriage Is Important for Healing
Open conversations about miscarriage can be healing. Openly sharing experiences with miscarriage & pregnancy loss can lead to a better understanding of miscarriage in society & lets people who’ve experienced this type of loss know that they’re not alone in their grief.